









This is "WEEK #1 of the first 5 weeks" Emergency Prep List – Water, Beverages & Water Storage

 WEEK #1		WEEK #2		WEEK #3		WEEK #4		WEEK #5	
↓		↓		↓		↓		↓	
STEP #1>>> PURCHASE LIST FOR STARTING YOUR 3-MONTH FOOD STORAGE PROGRAM									
	Evaporated Milk 1 x 12 oz								
////////////////////////////////////									
STEP #2 >>>> Your EMERGENCY DRINKING WATER (2-week supply)									
	Collect 14 gallons per person over the next 5 weeks								
////////////////////////////////////									
STEP #3 > Your FINANCIAL RESERVE/EMERGENCY FUND									
	\$2.00 +/- per person								
////////////////////////////////////									
STEP #4 >Your LONG TERM FOOD STORAGE PROGRAM (20-30 YR. Shelf Life, 12 month supply)									
	n/a								
////////////////////////////////////									
>>>HOME STORAGE (1-month supply)									
	Toilet paper 4 rolls per person								
////////////////////////////////////									
>>PREPAREDNESS GOALS									
	Location to store water								
////////////////////////////////////									
>>EQUIPMENT GOALS									
	Emergency Prep Book								
////////////////////////////////////									
>>WEEKLY INVENTORY									
	Freezer								

1. This list is for 1 adult. Choose things that you can afford to-do or have time to do each week
2. Multiply amounts by the number of family members, and adjust for children, medical needs and allergies
3. Watch for sales and gather supplies and equipment a week at a time to gradually build up your supplies
4. Do stem 4 after you complete Steps 1, 2 and 3
5. Choose what works best for your circumstances. Every step forward is a stem forward you CAN do it