










# This is "WEEK #14 of the first 18 weeks" Emergency Prep List – Soup/Fish/Beans & Sanitation

 <b>WEEK #14</b>	<b>WEEK #15</b>	<b>WEEK #16</b>	<b>WEEK #17</b>	<b>WEEK #18</b>
↓	↓	↓	↓	↓
<b>STEP #1&gt;&gt;&gt; PURCHASE LIST FOR YOUR 3-MONTH FOOD STORAGE PROGRAM</b>				
 Canned Beans & Chili 14 x 15oz				
////////////////////////////////////				
<b>STEP #2 &gt;&gt;&gt;&gt; Your EMERGENCY DRINKING WATER</b>				
 Maintain 14 gallons per person/ 2 week supply				
////////////////////////////////////				
<b>STEP #3 &gt; Your FINANCIAL RESERVE/EMERGENCY FUND</b>				
 \$2.00 +/- per person				
////////////////////////////////////				
<b>STEP #4 &gt;Your LONG TERM FOOD STORAGE PROGRAM</b> (20-30 YR. Shelf Life, 12 month supply)				
 n/a				
////////////////////////////////////				
<b>&gt;&gt;&gt;HOME STORAGE</b> (1-month supply)				
 .Disinfectant Cleaner				
////////////////////////////////////				
<b>&gt;&gt;PREPAREDNESS GOALS</b>				
 Plan or Plant Garden				
////////////////////////////////////				
<b>&gt;&gt;EQUIPMENT GOALS</b>				
 Rubber Gloves				
////////////////////////////////////				
<b>&gt;&gt;WEEKLY INVENTORY</b>				
 Fuel & Light				

1. This list is for 1 adult. Choose things that you can afford to-do or have time to do each week
2. Multiply amounts by the number of family members, and adjust for children, medical needs and allergies
3. Watch for sales and gather supplies and equipment a week at a time to gradually build up your supplies
4. Do stem 4 after you complete Steps 1, 2 and 3
5. Choose what works best for your circumstances. Every step forward is a stem forward you CAN do it

*Adapted from the  
[LDSFamily.blogspot.com](http://LDSFamily.blogspot.com)*