This is "WEEK #16 of the first 18 weeks" Emergency Prep List – *Soup/Fish/Beans & Sanitation*

WEEK #14	WEEK #15	WEEK #16	WEEK #17	WEEK #18
↓	↓	↓	↓	↓
STEP #1>>> PURCHASE LIST FOR YOUR 3-MONTH FOOD STORAGE PROGRAM				
Canned Beans & Chili 14 x 15oz	Tuna or Salmon 12 x 5 oz	Soups, Condensed 10 x 10 oz		
STEP #2 >>>>> Your EMERGENCY DRINKING WATER				
Maintain 14 gallons per person/ 2 week supply				
STEP #3 > Your FINANCIAL RESERVE/EMERGENCY FUND				
$2.00 +/- per person	$2.00 +/- per person	$2.00 +/- per person		
STEP #4 >Your LONG TERM FOOD STORAGE PROGRAM (20-30 YR. Shelf Life, 12 month supply)				
n/a	n/a	n/a		
>>>HOME STORAGE (1-month supply)				
.Disinfectant Cleaner	Disinfectant wipes	Baby wipes		
>>PREPAREDNESS GOALS				
Plan or Plant Garden	Handwashing station	Emergency hygiene		
>>EQUIPMENT GOALS				
Rubber Gloves	5-gallon water cooler	Portable Toilet & tablets		
>>WEEKLY INVENTORY				
Fuel & Light	Beverages	Cleaning supplies		

1. **This list is for 1 adult. Choose things that you can afford to-do or have time to do each week**
2. **Multiply amounts by the number of family members, and adjust for children, medical needs and allergies**
3. **Watch for sales and gather supplies and equipment a week at a time to gradually build up your supplies**
4. **Do stem 4 after you complete Steps 1, 2 and 3**
5. **Choose what works best for your circumstances. Every step forward is a stem forward you CAN do it**

Adapted from the LDSFamily.blogspot.com