This is "WEEK #23 of the first 26 weeks" Emergency Prep List – Grains, Vitamins & Bread Making

## ## ## ## ## ## ## ## ## ## ## ## ##	₩EEK #23	<u>WEEK #24</u>	WEEK #25	<u>WEEK #26</u>		1. This list is for 1 adult. Choose			
STEP #1>>> PURCHASE LIST FOR YOUR 3-MONTH FOOD STORAGE PROGRAM Wheat, hard red or white 25 lbs	+	<u> </u>	+	+	1	can afford to do			
white 25 lbs /// white 25 lbs // white	STEP #1>>> PURCHASE LIST FOR YOUR 3-MONTH FOOD STORAGE PROGRAM								
by the number of family members, and adjust for children, medical needs and allergies. STEP #3 > Your FINANCIAL RESERVE/EMERGENCY FUND SZ 20 0+ /- per person						3 Multiply amount			
STEP #2 >>>> Your EMERGENCY DRINKING WATER Maintain 14 gallons per person/ 2 week supply						by the number of			
Maintain 14 gallons per person/ 2 week supply	STFP #2 >>>> Vo								
STEP #3 > Your FINANCIAL RESERVE/EMERGENCY FUND						1			
STEP #3 > Your FINANCIAL RESERVE/EMERGENCY FUND \$2.00 +/- per person									
S2.00 +/- per supplies and equipment a week at a time to gradually build up your supplies.						3. Watch for sales			
person equipment a week at a time to gradually build up your supplies. STEP #4 >Your LONG TERM FOOD STORAGE PROGRAM (20-30 YR. Shelf Life, 12 month supply) Wheat, hard red or white 100 lbs >>HOME STORAGE (1-month supply) ->Paper towels/napkins		NANCIAL RESERVE/	EMERGENCY FUND		<u> </u>	1			
STEP #4 >Your LONG TERM FOOD STORAGE PROGRAM (20-30 YR. Shelf Life, 12 month supply) Wheat, hard red or with 100 lbs Wheat, hard red or with 100 lbs Wheat, hard red or with 100 lbs >> HOME STORAGE (1-month supply) >> HOME STORAGE (1-month supply) >> Paper towels/napkins	person					equipment a			
STEP #4 > Your LONG TERM FOOD STORAGE PROGRAM (20-30 YR. Shelf Life, 12 month supply) Wheat, hard red or white 100 lbs >>>HOME STORAGE (1-month supply) Paper towels/napkins >>PREPAREDNESS GOALS Learn to store grain Bread Pans Condition of the process o	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>				
white 100 lbs // white 100 lb	STEP #4 >Your LONG TERM FOOD STORAGE PROGRAM (20-30 YR. Shelf Life, 12 month supply)								
Steps 1, 2 and 3.						-			
Paper towels/napkins works best for your circumstances. >>PREPAREDNESS GOALS Learn to store grain proper towels/napkins proper towels/napkins									
Paper towels/napkins works best for your circumstances. >>PREPAREDNESS GOALS Learn to store grain proper towels/napkins proper towels/napkins	>>UOME STOPAGE (1 month supply)					5 Choose what			
Sixtest Sixt		(1-month supply)							
>>PREPAREDNESS GOALS Learn to store grain						•			
Learn to store grain									
Forward. YOU CAN DO IT	7								
>>EQUIPMENT GOALS Pread Pans									
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	>>EQUIPMENT	GOALS				-			
Adapted from the LDSFamily.blogspot.com	Bread Pans								
>>WEEKLY INVENTORY						Adapted from the			
Baking Basics	>>WEEKLY INVENTORY					<u>LDSFamily.blogspot.com</u>			
	Baking Basics								