










This is "WEEK #3 of the first 5 weeks" Emergency Prep List – Water, Beverages & Water Storage

WEEK #1		WEEK #2		 WEEK #3		WEEK #4		WEEK #5	
↓		↓		↓		↓		↓	
STEP #1>>> PURCHASE LIST FOR YOUR 3-MONTH FOOD STORAGE PROGRAM									
Evaporated Milk 1 x 12 oz		Cocoa Drink Mix 24 oz		 Fortified Fruit Drink Mix -1.52 lbs					
////////////////////////////////////									
STEP #2 >>>> Your EMERGENCY DRINKING WATER									
	Maintain 14 gallons per person/ 2 week supply								
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STEP #3 > Your FINANCIAL RESERVE/EMERGENCY FUND									
\$2.00 +/- per person		\$2.00 +/- per person		 \$2.00 +/- per person					
////////////////////////////////////									
STEP #4 >Your LONG TERM FOOD STORAGE PROGRAM (20-30 YR. Shelf Life, 12 month supply)									
n/a		n/a		 n/a					
////////////////////////////////////									
>>>HOME STORAGE (1-month supply)									
Toilet paper 4 rolls per person		Soap/body wash 1 ez		 Shampoo/Cond. 1 ea.					
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>>PREPAREDNESS GOALS									
Location to store water		Decide water containers		 Find water sources					
////////////////////////////////////									
>>EQUIPMENT GOALS									
Emergency Prep Book		Buy water containers		 Shelf to store water					
////////////////////////////////////									
>>WEEKLY INVENTORY									
Freezer		Beverages		 Water					

1. This list is for 1 adult. Choose things that you can afford to-do or have time to do each week
2. Multiply amounts by the number of family members, and adjust for children, medical needs and allergies
3. Watch for sales and gather supplies and equipment a week at a time to gradually build up your supplies
4. Do stem 4 after you complete Steps 1, 2 and 3
5. Choose what works best for your circumstances. Every step forward is a stem forward you CAN do it

Adapted from the
LDSFamily.blogspot.com

