

This is "WEEK #33 of the first 35 weeks" Emergency Prep List – Fruits, Vegetables, Shelter & Bedding

WEEK #32		WEEK #33		WEEK #34		WEEK #35			
↓		↓		↓		↓		↓	
STEP #1>>> PURCHASE LIST FOR YOUR 3-MONTH FOOD STORAGE PROGRAM									
Fruit 12 x 15 oz cans/jars	↪	Vegetables 12 x 15 oz cans/jars							
////////////////////////////////////									
STEP #2 >>>> Your EMERGENCY DRINKING WATER									
Maintain 14 gallons per person/ 2 week supply									
////////////////////////////////////									
STEP #3 > Your FINANCIAL RESERVE/EMERGENCY FUND									
\$2.00 +/- per person	↪	\$2.00 +/- per person							
////////////////////////////////////									
STEP #4 >Your LONG TERM FOOD STORAGE PROGRAM (20-30 YR. Shelf Life, 12 month supply)									
n/a	↪	n/a							
////////////////////////////////////									
>>>HOME STORAGE : Toiletries									
Lip Balm	↪	Eye Solution							
////////////////////////////////////									
>>PREPAREDNESS GOALS									
Tent Research	↪	Go camping							
////////////////////////////////////									
>>EQUIPMENT GOALS									
Tent	↪	Sleeping Bag							
////////////////////////////////////									
>>WEEKLY INVENTORY									
Fruits & Vegetables	↪	Emergency Equipment							

1. This list is for 1 adult. Choose things that you can afford to do or have time to do each week.
2. Multiply amounts by the number of family members, and adjust for children, medical needs and allergies.
3. Watch for sales and gather supplies and equipment a week at a time to gradually build up your supplies.
4. Do step 4 after you complete Steps 1, 2 and 3.
5. Choose what works best for your circumstances.

Every step forward is a step forward.
YOU CAN DO IT

Adapted from the
LDSFamily.blogs.pot.com

