













# This is "WEEK #41 of the first 44 weeks" Emergency Prep List – Oils, Fats & Fire Safety

 <b>WEEK #41</b>	<b>WEEK #42</b>	<b>WEEK #43</b>	<b>WEEK #44</b>	
↓	↓	↓	↓	↓
<b>STEP #1&gt;&gt;&gt; PURCHASE LIST FOR YOUR 3-MONTH FOOD STORAGE PROGRAM</b>				
 Beef, canned 6 lbs				
////////////////////////////////////				
<b>STEP #2 &gt;&gt;&gt;&gt; Your EMERGENCY DRINKING WATER</b>				
 Maintain 14 gallons per person/ 2 week supply				
////////////////////////////////////				
<b>STEP #3 &gt; Your FINANCIAL RESERVE/EMERGENCY FUND</b>				
 \$2.00 +/- per person				
////////////////////////////////////				
<b>STEP #4 &gt;Your LONG TERM FOOD STORAGE PROGRAM</b> (20-30 YR. Shelf Life, 12 month supply)				
 n/a				
////////////////////////////////////				
<b>&gt;&gt;&gt;DISASTER CLEANUP Kit</b> (adapted from UMCOR)				
 5 gal.bucket w/lid				
 82 oz bleach				
 16 oz Disinfect dish soap				
 50 oz liquid laundry soap				
////////////////////////////////////				
<b>&gt;&gt;PREPAREDNESS GOALS</b>				
 Test Smoke alarms				
////////////////////////////////////				
<b>&gt;&gt;EQUIPMENT GOALS</b>				
 Smoke alarms.				
////////////////////////////////////				
<b>&gt;&gt;WEEKLY INVENTORY</b>				
 Oils & fats				

1. This list is for 1 adult. Choose things that you can afford to do or have time to do each week.
2. Multiply amounts by the number of family members, and adjust for children, medical needs and allergies.
3. Watch for sales and gather supplies and equipment a week at a time to gradually build up your supplies.
4. Do step 4 after you complete Steps 1, 2 and 3.
5. Choose what works best for your circumstances.

Every step forward is a step forward.  
**YOU CAN DO IT**

Adapted from the  
[LDSFamily.blogs  
pot.com](http://LDSFamily.blogs.pot.com)

