











This is "WEEK #45 of the first 48 weeks" Emergency Prep List – Holiday Baking, Heat, Clothing

 WEEK #45		WEEK #46		WEEK #47		WEEK #48			
↓		↓		↓		↓		↓	
STEP #1>>> PURCHASE LIST FOR YOUR 3-MONTH FOOD STORAGE PROGRAM									
	Pumpkin 1 x 15 oz can								
	Broth 2 x 14 oz cans								
////////////////////////////////////									
STEP #2 >>>> Your EMERGENCY DRINKING WATER									
	Maintain 14 gallons per person/ 2 week supply								
////////////////////////////////////									
STEP #3 > Your FINANCIAL RESERVE/EMERGENCY FUND									
	\$2.00 +/- per person								
////////////////////////////////////									
STEP #4 >Your LONG TERM FOOD STORAGE PROGRAM (20-30 YR. Shelf Life, 12 month supply)									
	n/a								
////////////////////////////////////									
>>>HOME STORAGE - WINTER									
	Snow Shovel								
////////////////////////////////////									
>>PREPAREDNESS GOALS									
	Winter coat near door								
////////////////////////////////////									
>>EQUIPMENT GOALS									
	Winter coat								
////////////////////////////////////									
>>WEEKLY INVENTORY									
	Breakfast foods								

1. This list is for 1 adult. Choose things that you can afford to do or have time to do each week.
 2. Multiply amounts by the number of family members, and adjust for children, medical needs and allergies.
 3. Watch for sales and gather supplies and equipment a week at a time to gradually build up your supplies.
 4. Do step 4 after you complete Steps 1, 2 and 3.
 5. Choose what works best for your circumstances.
- Every step forward is a step forward.
YOU CAN DO IT

Adapted from the
LDSFamily.blogs
pot.com

