

This is "WEEK #5 of the first 5 weeks" Emergency Prep List – Water, Beverages & Water Storage

WEEK #1		WEEK #2		WEEK #3		WEEK #4		WEEK #5	
↓		↓		↓		↓		↓	
STEP #1>>> PURCHASE LIST FOR YOUR 3-MONTH FOOD STORAGE PROGRAM									
Evaporated Milk 1 x 12 oz		Cocoa Drink Mix 24 oz		Fortified Fruit Drink Mix -1.52 lbs		Dry Milk 4 lbs		Bottled Juice 3 x 64 oz	
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STEP #2 >>>> Your EMERGENCY DRINKING WATER									
↪	Maintain 14 gallons per person/ 2 week supply								
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STEP #3 > Your FINANCIAL RESERVE/EMERGENCY FUND									
\$2.00 +/- per person		\$2.00 +/- per person		\$2.00 +/- per person		\$2.00 +/- per person		\$2.00 +/- per person	
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STEP #4 >Your LONG TERM FOOD STORAGE PROGRAM (20-30 YR. Shelf Life, 12 month supply)									
n/a		n/a		n/a		Dry Milk 16 lbs		n/a	
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>>>HOME STORAGE (1-month supply)									
Toilet paper 4 rolls per person		Soap/body wash 1 ez		Shampoo/Cond. 1 ea.		Feminine Items		Deodorant – 1 ea.	
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>>PREPAREDNESS GOALS									
Location to store water		Decide water containers		Find water sources		How to purify water		Dry Milk recipes	
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>>EQUIPMENT GOALS									
Emergency Prep Book		Buy water containers		Shelf to store water		Bleach to purify		Manual can opener	
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>>WEEKLY INVENTORY									
Freezer		Beverages		Water		Toiletries		Breakfast foods	

1. This list is for 1 adult. Choose things that you can afford to-do or have time to do each week
2. Multiply amounts by the number of family members, and adjust for children, medical needs and allergies
3. Watch for sales and gather supplies and equipment a week at a time to gradually build up your supplies
4. Do stem 4 after you complete Steps 1, 2 and 3
5. Choose what works best for your circumstances. Every step forward is a stem forward you CAN do it

Adapted from the
LDSFamily.blogspot.com

